

# Medicine Hat Golf and Country Club – Junior Golf Package 2025

My name is Connor Lunge, and I am in my 16<sup>th</sup> year as a PGA of Canada Professional at the Medicine Hat Golf and Country Club. I graduated from Lethbridge College in 2012 with a diploma in Business Management and a certificate in Golf Management. I fell in love with the game of golf at a young age and ever since I have always wanted a career in the industry. One of my many passions is Junior Golf. I believe we have created 3 great junior golf programs that suit the skill level and ages of all kids.

I am committed to grow the game of golf. By creating a fun and safe learning environment for my students, the students will learn about the game and the core values it teaches us. Students will learn the etiquette, rules of golf, fair and fundamentals of a game that can last a lifetime.

All Lessons will be taught by myself or our new PGA of Canada Apprentice Professional Peter Roche.

Please feel free to contact myself or our Head Professional Wayne Mattson if you have any questions or concerns.

Connor Lunge

PGA of Canada Class A Professional

Medicine Hat Golf and Country Club

Work: 4035278086

Email: [connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)



# Junior Golf 1 – FUNdamentals

This Program is designed to expose new kids to the game of golf. As an intro to golf, students will learn the rules of golf and etiquette. They will be introduced to the fundamentals of the full swing, chipping and putting. This will be done with a series of golf related and non golf related activities designed to keep students excited and engaged for the entire lesson. The main goal of this lesson program is to get the students excited about golf while having lots of FUN!

Cost: \$50

Maximum 8 kids per session

Juniors must be at least 6 years old.

Registration opens Tuesday March 12<sup>th</sup>.

To Register; Please contact the proshop via 403.527.8086 or email  
[connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)

Session 1: Tuesday April 15<sup>th</sup>, Tuesday April 22<sup>nd</sup> and Tuesday April 29<sup>th</sup> from 5:00-5:30

Session 2: Tuesday April 15<sup>th</sup>, Tuesday April 22<sup>nd</sup> and Tuesday April 29<sup>th</sup> from 5:40-6:10

Session 3: Sunday April 27<sup>th</sup>, Sunday May 4<sup>th</sup> and Sunday May 11<sup>th</sup> from 3:00-3:30

Session 4: Sunday April 27<sup>th</sup>, Sunday May 4<sup>th</sup> and Sunday May 11<sup>th</sup> from 3:40-4:10

*If our we need to reschedule due to weather or any other reason, we will try to give as much notice as possible. We will have one reschedule date available per session. If multiple dates get postponed due to weather, we will be unable to reschedule more than one.*

# Junior Golf II – Learn to Play

This program is designed for the junior golfer who has already been introduced to the game. In this Learn to Play program, the students will get instruction from our PGA of Canada Professionals on all aspects of the game. During the instruction they will be instructed on how to make more consistent ball contact, different types of shots in the short game and a more in depth look at putting. Like all our junior programs the main goal of this program is to keep the juniors interested in the game and improve their skill. On the 1<sup>st</sup> and 3<sup>rd</sup> lesson dates, the students will go play up to 9 holes after. They will also receive a 9-hole green fee voucher, good for anytime during the 2025 season. Juniors will play from our junior tees which will make each hole 100-250 yards. We do ask for parent volunteers to accompany their junior on the course to help with pace of play. Power carts will be provided to those parents who would like one. Times are 3:00-3:30 and 3:45-4:15

**Maximum 16 Kids - Registration opens Tuesday March 12<sup>th</sup>**

**To Register; Please contact the proshop via 403.527.8086 or email  
[connorlunge@medicinehatgolf.ca](mailto:connorlunge@medicinehatgolf.ca)**

**Juniors must be old enough to play a few holes (up to 9 holes) – minimum age of 6.**

Cost: \$60 Members \$80 Non-Members

## **Sunday May 25<sup>th</sup> – Lesson 1**

Students will review grip, posture, stance, and balance.

Tee times to follow lessons.

## **Sunday June 1<sup>st</sup> – Lesson 2**

Students will use their drivers, fairway woods and/or hybrids

*Lesson only due to fairway aeration*

## **Sunday June 8<sup>th</sup> – Lesson 3**

Students will learn all about the short game.

Tee Times will follow lessons.

**Reschedule Date would be Sunday June 22<sup>nd</sup>.**